

वार्षिक रिपोर्ट
 ANNUAL REPORT
 2012-13

Spreading **Vision...** Spreading **Hope...**

नेत्र जाँच केन्द्र



ICARE Eye Hospital

The President's Message



We are in a world where vision afflictions and disabilities increase in direct proportion to the rise in rural population where almost 80 percent of a total of 1.2 billion live. Hence in the last 20 years since the inception of ICARE Eye Hospital in Noida, it has been our endeavour to penetrate into populous rural areas where medical facilities particularly ophthalmic care is practically nonexistent. It shows the apathy of policy makers of the largest democracy in the world even after 67 years of Independence not being able to provide even the basic facilities to the poor populations, devoid of the very rights given by our preamble. By and large funds allocated for healthcare are far less than some of the developing countries in the world and where we have the temerity to boast of being the third largest economy in the world. Villagers not finding any alternative to their medical problems depend on large government hospitals in the urban areas where facilities are already clogged due to their own limitations of treating the urban patients. The rural patients find no place in such facilities. In variable people who get blind, 85 percent for the want of cataract surgery spend the remaining years of their lives in blindness without any solace to their problems a burden to their families and to society. To solve this problem effectively is the answer. Our mission is to provide comprehensive quality eye care facilities to all sections of society particularly the rural aged and to train ophthalmic medical and paramedical graduates and interns who in their turn will render modern ophthalmic care to the needy and the aged.

We have and are constantly increasing the space and upgrading our equipment. A new facility in the form of another wing at Zygon Square in Sec- 63 Noida was inaugurated on January 31st 2013. This new milestone has added to the history of ICARE. This new spoke project has extended our eye services across the highway to Indrapuram, East Delhi and Ghaziabad residents as well as providing services to the far flung new Noida sectors.

I am convinced that when one is treating such patients and searching for the best ways for providing ophthalmic care to the needy and aged, things happen unexpectedly and faster than one has visualized. When one has full faith in the mission he has set out on with full confidence and faith in the tremendous power of nature one is bound to succeed overcoming all odds.

I am grateful to the team of McKinsey who has been working with us for the last three months to make our vision to fructify into a physical reality. We are looking for spaces within a radius of 100-120kms from Noida to put into action conceptualized projects and I believe nothing is impossible as long as we are focused and passionate about what we wished to do and our steadfast on working towards achieving our goal.

SUSHIL CHOUDHRY
President

Our operating model : comprehensive, quality care at the doorstep

1	2	3	4
Surgical services and Post-op care	Community Outreach	Training and Capability Building	Walk-In Screening & OPD Services
<ul style="list-style-type: none"> ◀ 40-50 surgeries daily. ◀ Across sub specialties (80% cataract, 20% retinal, corneal problems). ◀ Free post-op care for distant rural patients for 2 days with boarding, loading, medicines. 	<ul style="list-style-type: none"> ◀ 2-3 eye screening camps daily. ◀ 1500 camps annually. ◀ 100 screenings per camp. ◀ 20,000 patients transported to and from their villages for surgery annually. 	<ul style="list-style-type: none"> ◀ Training 80 medical and paramedical personnel annually. <ul style="list-style-type: none"> • 13 doctors DNB, Fellows. • 30 optometrists IGNOU • 20 paramedics from EWS ◀ Registered with Diplomat of National Board as a credible training provider + IGNOU. 	<ul style="list-style-type: none"> ◀ 1000 patients screened each day. ◀ 70% screenings are free (via outreach and a charitable OPD) ◀ Comprehensive screening with state of art diagnostic equipments.

ICARE " Milestones" :
charitable service, superior medical standards

- 1982** Ishwar Charitable Trust set up with the money left upon the demise of Mrs. Ishwar Choudhry - mother of Dr. Sushil Choudhry.

- 1982-92** Dr. Sushil Choudhry operates his private practice while also screening poor patients from Govindpuri & other slums - 15 screenings/month and 100 surgeries / year.

- 1988** 1 acre of land purchased from Noida Authority for the hospital.

- 1993** Noida hospital constructed and fully functional.

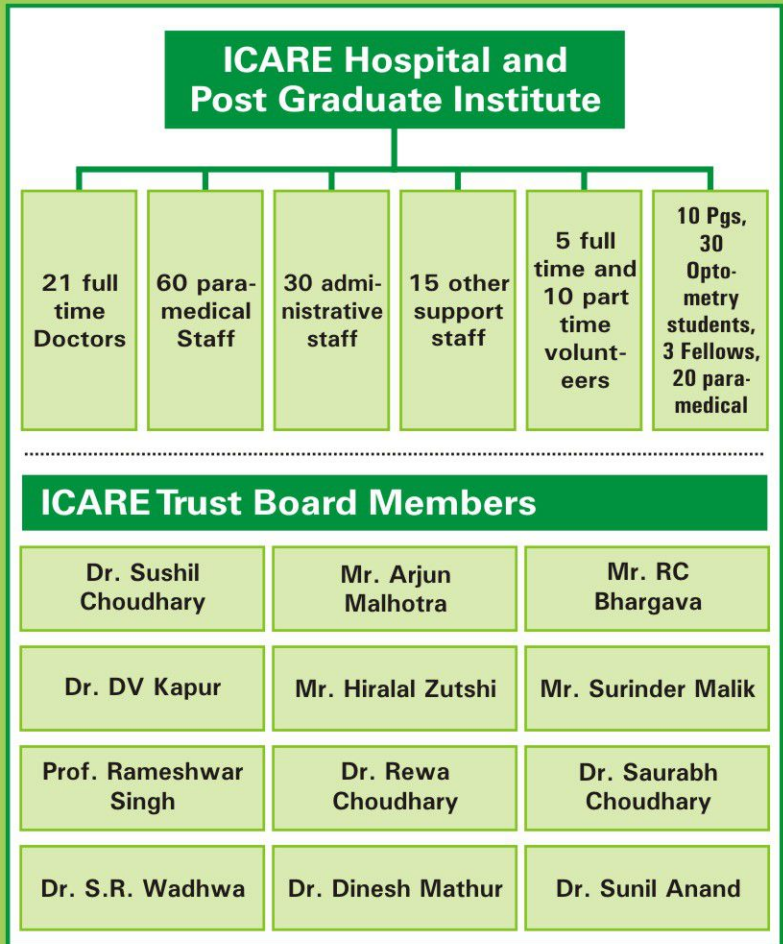
- 2002** Next Generation of leaders join ICARE - Dr. Reena Choudhry and Dr. Saurabh Choudhry.

- 2008** Secondary Center at khurja with Rotary Sewa Trust.
 Center at Achiliya Naula at Ranikhet along with Baba Haida Khan Trust operated for 3 years, 1000 surgeries performed.

- 2012** Vision Center at Firozpur Namak, Haryana with CAF.
 Construction of a new operation theatre and OPD floors started.

- 2012** 500 square yards of land in Dadri donated by Baba Bhajanlal (a patient) & 500 square yards purchased for a secondary eye hospital.
 200,000 screenings and over 14,000 surgeries per annum across sub specialities-60% of these are free/subsidized for the poor elderly.

ICARE is an integrated ophthalmic hospital and training institution with a strong team.



Profile of the Trustees

Dr. Sushil Choudhry

After working as a lecturer at Maulana Azad Medical College, set up own Private Practice in 1973. He set up the Ishwar Charitable Trust in memory of his mother in 1982, to reach out to the needy sections of Society. Under the aegis of the Trust, he founded ICARE Eye Hospital & Post Graduate Institute in 1993 at Noida which works to eradicate avoidable blindness in the states of Western Uttar Pradesh, Haryana, Delhi slums and Rajasthan. His aim is to reach quality ophthalmic services to the doorstep of the patient irrespective of his ability to pay, who are unable to get treatment from large Government facilities because of overcrowding and share apathy for the poor.

Mr. Arjun Malhotra

A pioneer of the Indian IT industry co founded HCL, in 1975.
 Relocating to USA, he took HCL to \$100 million annual revenues. He ran HCL-HP joint venture in India in 1992. He served as Chairman of Governors of IIT Kharagpur Foundation, Indian School of Business, Hyderabad, Rajiv Gandhi Indian Institute, Shillong and IIM Udaipur.
 He was awarded Albert Einstein Technology Medal 2001. The Institution of Engineers (India) has named him as Eminent Engineer Personality.

Mr. R.C. Bhargava

He was in the Indian Administrative Service (I.A.S.) From 1956 - 1982. Master of Sciences in Mathematics from Allahabad University, 1964: Master of Arts in Developmental Economics from Williams College, Williams town, MA, USA.
 He has earlier served as the Managing Director of Maruti Suzuki India Ltd. (formerly, Maruti Udyog Ltd.) since 1985 to 1997. He currently holds the position of Chairman cum Managing Director in Maruti since 1990.

Dr. D.V. Kapur

He served Bharat Heavy Electricals Limited (BHEL) in various positions with distinction. Most remarkable achievement of his career was establishment of a fast growing systems oriented National Thermal Power Corporation (NTPC) of which he was the founder Chairman-cum-Managing Director, for which he was described as a Model Manager by the Board of Executive Directions of World Bank. He was Secretary to the Government of India in the Ministers of Power, Heavy Industry and Chemicals & Petrochemicals during 1980-86.

Mr. Hiralal Zutshi

He was the Chairman & Managing Director of HPCL. He is an engineer by qualification and has to his credit 39 years in the hydrocarbon industry. He attended Management Programs in Oxford University, Administrative Staff College of India & Indian Institute of Management. He was the former Chairman of Mangalore Refineries & Petrochemical Ltd. & Governing Council of Oil Co-Ordination Committee of the Ministry of Petroleum.

Dr. Saurabh Choudhry

Diploma Ophthalmology Diplomate of National Board (DBN), Fellow of Sir Ratan Tata Community Ophthalmology Fellowship on 'Cataract Microsurgery', Sankara Nethralaya, Fellow of Eye Research Center, Chennai, Training in Medical Retina at Aravind Eye Hospital Coimbatore, Trained by New Vision Laser Centre in Refractive Surgery. Is an Anterior section consultant specializing in refractive surgery.

Mr. Dinesh Mathur

Mr. D.K. Mathur Chairman & Managing Director of Akriti Creations had embarked upon a journey in 1983 in this highly competitive garment industry, thriving on fashion and style under the name of "Alankar Exports". Since then, each step of his climb on this ladder of success has clearly reflected his systematic approach and sense of perfection. Following a restructuring of the organization in 1999, the company now styles as "ALANKAR CREATIONS" with modern production facilities in Gurgaon.

Mr. S.R. Wadwa

He is a renowned Tax Advocate and is considered a Tax authority in India. He was formerly the Chief Commissioner of Income Tax and Chairman, Income Tax Settlement Commission. He has served as Special Tax Advisor in foreign countries including Cyprus, Ethiopia, Bulgaria and Maldives for almost a decade. Mr. S.R. Wadhwa holds retainerships in a number of leading global companies. His firm is the President at ITAT.

Mr. Sunil Anand

Conducted Certified Audits including A-133, Review & Preparation of Financial Statements including Cash Flows and other related statements of various non-profit government funded organizations. Established internal control systems in a number of organizations.

Prof. Rameshwar Singh

Professor at University of British Columbia & California State University, San Jose for 43 years in Civil and Environmental Engineering. Research Fellowship at NASA. Past President of California Society of Professional Engineers. Consultant to Lockheed, GE.

Dr. Rewa Choudhry

After completing MS, she joined as a Lecturer in Lady Hardinge Medical College where she rose to be HOD of Anatomy. She was also appointed as the Principal of the Vardhaman Mahavir Medical College. Research and Administration are her forte.

Mr. Surinder Malik

Runs Da Milano, a leading high end leather Company dealing in branded products designed in Italy, made in India. Retailed through a number of outlets in different Metropolitan cities, he has widely expanded the business entering into the foreign markets.

Expansion Program Sector 63

- A)** The new ICARE Hospital was inaugurated at Zygon Square on 31st January, 2013 in Sec- 63 Noida by Chief guest Dr. Narottam Puri, Advisor Health Services at FICCI, Chairman NABH & Advisor Medical at Fortis Healthcare, Mr. Madan Lal, Former Indian Cricketer in the presence of eminent medical dignitaries, for extending our eye services across the highway for Ghaziabad residents and to cover the far flung new Noida sectors. The ambience is attractive with the latest state of the art equipment in all the specialties. In the short period the patient intake at the OPD is fast increasing. The Lasik center has been moved to this wing and is fast gaining prominence.



- B)** An expansion construction program is underway at the base hospital at sec-26 Noida and is expected to be completed by March, 2014. An additional 15,000 sq/ft has been added to the existing ward and includes two new Operation Theaters and wards. We are now conducting approximately 15,000 surgeries per year. The new OTs will enable us to perform many more and the wards will accommodate the ever increasing number of patients at ICARE. Patients both indoor and outdoor will have more space and be comfortable during their visit at the hospital.

- ◀ ICARE Outreach Program covers states of Uttar Pradesh, Haryana, Rajasthan and slums of Delhi.
- ◀ 19 Rural Peripheral Centers (RPCs) have been established in remote villages to screen and identify cases of reversible blindness.
- ◀ At Khurja an ICARE Secondary Center (in association with Rotary Club) with an OPD and an OT is functioning.
- ◀ Vision Center Primary Center at Ferozpur Namak and Khora village, Ghaziabad.

21 HIGHLY QUALIFIED, SKILLED AND MOTIVATED OPHTHALMIC CONSULTANTS



A team of doctors and paramedics visit these Rural Peripheral Centers (RPC's) where villagers gather on pre-determined days of the week. They are examined and those identified for any eye surgeries or interventions are brought to ICARE hospital at Noida in our ambulances. Their stay at ICARE for 3 days, meals, medicines and surgery is free of cost.

Dr. Raja Ivan Singh

MBBS, MS

Anterior Segment &
Head of Cataract Services

Dr. B. S. Goel

MBBS, MS, FICO

Squint & Pediatric
Ophthalmology Consultant

Dr. Charu Tandon

MBBS, MS

Anterior Segment Consultant

Dr. Saurabh Choudhry

MD, DO, DNB, STRF

Anterior Segment &
Refractive Surgery Consultant

Dr. Reena M. Choudhry

MD, DOMS, DNB, FRCS

Anterior Segment
& Glaucoma Consultant

Dr. Uma Sridhar

MS, DNB, FRCS

Cornea Consultant

Dr. Geeta Srinivasan

MBBS, MS, DNB

Squint & Pediatric
Ophthalmology Consultant

Dr. Shahana Mazumdar

MBBS, MS, DNB

Vitreo-Retina
& Uvea Consultant

Dr. Neha Goel

MBBS, MS, DNB

Vitreo-Retina
& Uvea Consultant

Dr. Sunita Lulla Gur

MBBS, MS

Low Vision Consultant

Dr. Prashant Yadav

MBBS, DNB, MNAMS

Oculoplasty Consultant

Dr. Meena Nagar

MBBS, MS

Anterior Segment Consultant

Dr. Shalini Sharma

MBBS, MS

Anterior Segment
& Refractive Surgery Consultant

Dr. Rita Hansaria

MBBS, DNB

Anterior Segment
& Glaucoma Consultant

Dr. Jyoti Batra

MBBS, MS

Anterior Segment
& Cornea Consultant

Dr. Madhulika Mandal

MBBS, DNB

Anterior Segment
& Glaucoma Consultant

Dr. Ashish Kakkar

**MBBS, MD, FRCS(A),
FAICO (Retina)**

Vitreo-Retina & Uvea Consultant

Dr. Deepak Kumar

MBBS, MS, Fellowship

Anterior Segment
& Refractive Consultant

Dr. Vivek Sharma

MBBS, MS, FLVPEI

Anterior Segment
& Cornea Consultant

Dr. Meenakshi Bali

**MBBS, MS, Fellowship
(Gen. Ophthalmologist)**

Anterior Segment

Dr. Vinayak

MBBS, MS, DNB (Gen. Ophthalmology) | Anterior Segment & Jr. Glaucoma Consultant

OPD Facilities - Super Specialty Clinics with state-of-the-art equipment :-

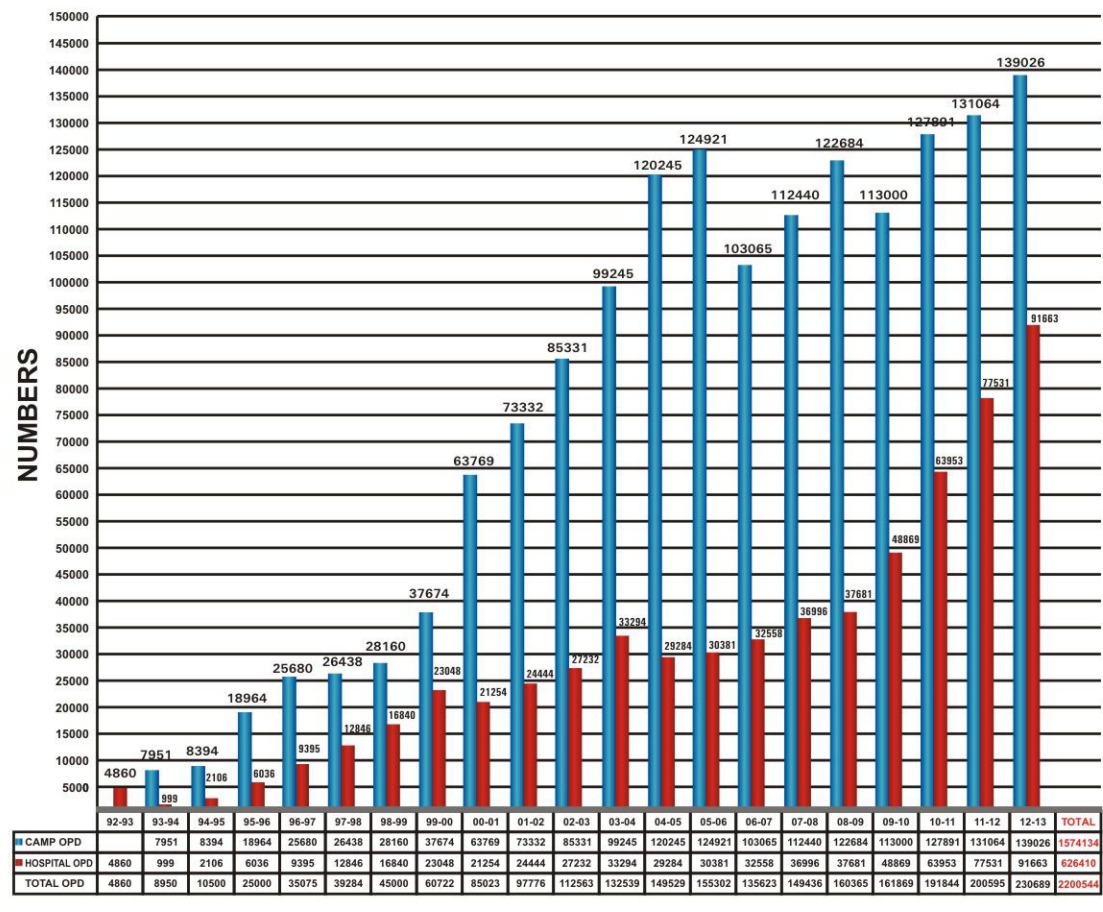
- | | |
|---|----------------------------|
| 1. Stitchless micro-incision Cataract Surgery | 5. Cornea with Eye Bank |
| 2. Glaucoma | 6. Oculoplasty / Aesthetic |
| 3. Vitreo-Retinal Services | 7. Lasik for Glass Removal |
| 4. Pediatric/Squint Ophthalmology | 8. Low Visual Aids |

OPD Facts & Figures (Paid) :-

A very active OPD running in Noida, caters to the free and the paid patients. The free patients are provided with services similar to those given to paid patients. On an average in busy season over 500 patients utilize this OPD services every working day. Averages of 375 patients are screened in the rural/slum areas daily. About 30 to 40 rural patients were operated upon which consisted mainly of the elderly population. Besides this approximately **200 children** were also operated for childhood eye ailments such as Squint, Cataract, Trauma etc.

- More than 1, 30,000 patients attended the paid OPD annually.
- Paramedics, Technical and Administrative staff, a team of 167 inspired skilled personnel help run the hospital.
- A team of strong motivated volunteers----- in various activities of hospital.

Total Number of Patients Screened by ICARE Eye Hospital, Noida
From the Financial Year 1992-93 to 2012-13



TOTAL CAMP OPD :-
1.43 million screened
131,064 screened in 2011-12

PAID OPD :-
539,607 screened
77,531 screened in 2011-12

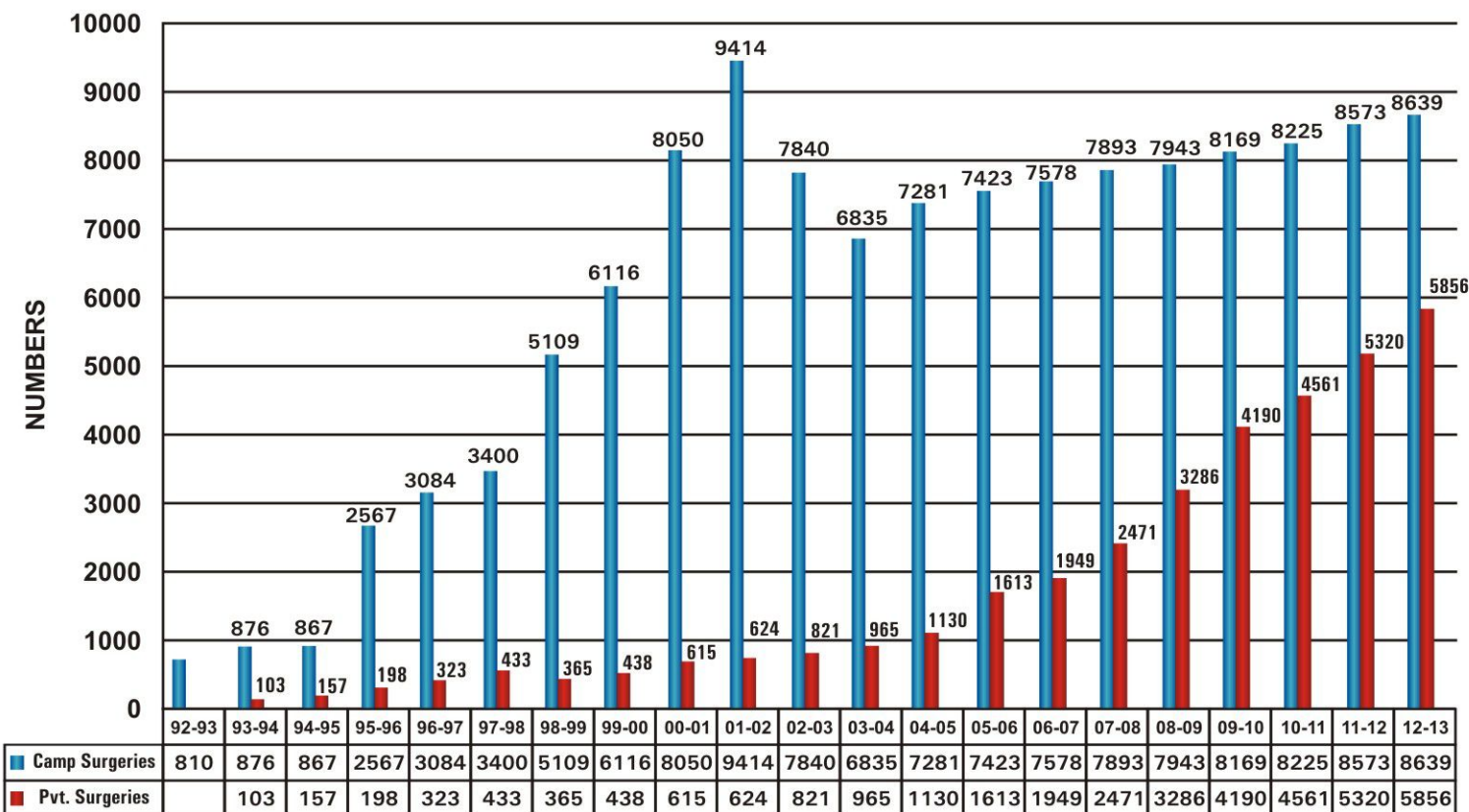
COMMUNITY :-

Community outreach is the backbone of ICARE Eye Hospital, contributing to about 60% of the total of ophthalmic surgeries. It operates mainly by conducting different types of eye camps targeting all sections of people and age groups in order to address the problem of blindness holistically.

Outreach Program Screening & Surgical Facilities for the Economically disadvantaged.

- ICARE Outreach Program covers states of Uttar Pradesh, Haryana, Rajasthan and slums of Delhi. New screening camps were also started in Durganpur, Khara and Baghpat villages besides the ones already been attended to by ICARE (see map below).
- In keeping with our future expansion program, a new Vision Center was inaugurated at Firozpur Namak, District Mewat supported by Canon India and CAF India, for providing comprehensive eye checkups for the community.

Total Number of Surgeries performed at ICARE Eye Hospital, Noida
From Financial Year 1992-93 to 2012-13



Paid patients attending ICARE subsidized the Community Services

- 60% surgeries conducted last year were free for poor patients
- One of the highest percentage charity in India for a Non Government Hospital
- Surgeries conducted one of the highest in North India

ICARE Eye Bank

Recognized by Eye Bank Association of India, it is the only Eye Bank in Noida running since the last twelve years. Over 154 corneas are harvested from the donors and transplantation is done by the dedicated Team of Cornea Departments. Eye donation awareness programs are also conducted at regular intervals.

ICARE Eye Hospital organized the 27th National Eye Donation Fortnight from 25th August - 8th September, 2012 to promote the cause of eye donation. Chief Guest was Dr. A. K Gupta and the Guest of honour was Dr. P.K Jha. Dr. P.C Bhardawaj graced the occasion. Total 150 pledge forms were collected and 5 donors donated their corneas.

We are ready to take the next step in the ICARE journey

5 Year Aspiration

- 100,000 patients per annum
- 3 Tertiary Hospitals with 3-4 OTs each
- 4-5 smaller secondary centers and / or vision centers

3 Year Aspiration

- 50,000 patients per annum
- 2 Tertiary Hospitals with 3-4 OTs each
- 1-2 smaller secondary centers and / or vision centers

Affordable
quality care to
maximum number
of patients

Scale and
relevance as a
service provider
in North India

Outreach to
service areas with
accessibility
challenges



ACHIEVEMENTS

ICARE consists of a group of likeminded individuals who support the community eye care activities of ICARE Eye Hospital. Over the years, ICARE has successfully helped raise substantial funds which have provided vision to thousands of under privileged people in India. Through its fundraising and awareness efforts, ICARE has contributed significantly in making world class ophthalmic eye care available to a large number of indigent people in India

Latest state of the art equipment has been acquired to enhance better screening and diagnostic accuracy. Rotary Club East Delhi has donated an ERG machine for facilitating the Ophthalmologist in diagnosing various retinal diseases, our deep appreciation and sincere thanks to them and MMTC and PDIL for their generous donation.

Two New Ambulances have been added to our existing fleet of vehicles by SBI and AMTL.



HelpAge India , NSIC and Indian Oil Corporation have been supporting ICARE to restore eyesight to needy and elderly people from the remote areas of Uttar Pradesh, Haryana, Rajasthan and slum areas of Delhi.

ISHWAR CHARITABLE TRUST

(C-57, Basement Defense Colony, New Delhi-110024)

Extracts of the audited Financial Statements Balance Sheet as at 31st March, 2013

Particulars	Schedules	Amount	Amount
		As at 31 March, 2013	As at 31 March, 2012
<u>I. SOURCES OF FUNDS</u>			
1. CAPITAL AND RESERVE FUND	A	206,149,075	170,416,420.59
2. SECURED LOANS	B		
Secured Loans from Banks and Financial Institutions		15,798,260	—
3. CURRENT LIABILITIES	C		
(a). Sundry Creditors		22,928,659	5,860,224
(b). Expenses Payable		10,139,555	10,139,555
(c). Provision of Gratuity		2,482,101	1,710,147
TOTAL		257,497,651	188,126,216
<u>II. APPLICATION OF FUNDS</u>			
1. FIXED ASSETS	D		
Gross Block		216,448,768	156,468,471
Less: Depreciation till date		53,260,898	45,125,023
Net Block		163,187,870	111,343,448
2. INVESTMENTS	E	9,905,319	13,733,929
3. CURRENT ASSETS & LOANS AND ADVANCES	F		
(a) Balance with Banks		26,950,559	24,106,748
(b) Cash in Hand		450,166	371,075
(c) Sundry Debtors		18,084,489	15,749,591
(d) Closing Stock of Consumable, Medicine, IOL & Spectacles		12,211,530	7,416,991
(e) Advance Recoverable in Cash or in Kind or for value to be received		26,707,719	15,404,435
(f) Inter Unit Receivables			
TOTAL		257,497,651	188,126,216



Strength of ICARE as Philanthropy

- 1 Led by medical professionals, i.e., first hand commitment to quality medical care
- 2 Sustainable institutional commitment to building capability of medical and paramedical staff
- 3 Proven operating models and ability to scale up medically and administratively.
- 4 Culture of cost effectiveness, transparent reporting.
- 5 Growth through a 100% philanthropic cataract - focused model.

VISION

To excel in comprehensive eye care, education and research

MISSION

To make available expert up-to-date ophthalmic care to one and all

VALUES

To deliver quality, ethical, medical and surgical eye care services

USA

ICARE CHARITABLE FOUNDATION

631, Rocking Horse CT, San Jose, CA-95123-5522, USA
Tel : 0014086873317 | Email: rsingh631@yahoo.com

INDIA

ICARE EYE HOSPITAL & POST GRADUATE INSTITUTE

(Unit of Ishwar Charitable Trust)

E-3A, Sector-26, Noida - 201301 (U.P.)
Tel : +91 9811408953 (Sushila) | Fax : +91 120 25576389,
Email : icarefoundation@icarehospital.org | Web : www.icarehospital.org

Donation deductible under Federal Income Tax under section 501(C)(3) of the Internal Revenue Code (USA) and exemption from Estate Duty

Donation in India made to ICARE Eye Hospital are 100% and 50% exempt under section 35AC and 80G of the Income Tax Act, 1961