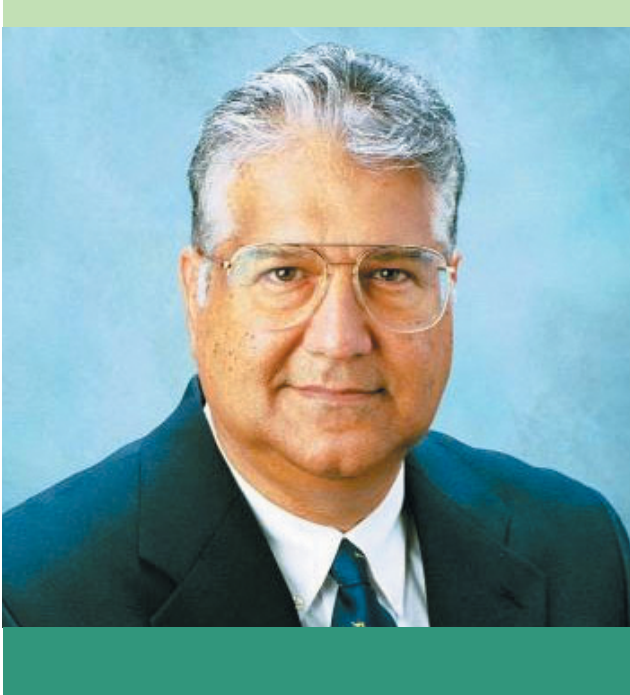




ICARE EYE HOSPITALS & POST GRADUATE INSTITUTE

(Unit of Ishwar Charitable Trust)

ANNUAL REPORT 2016 - 2017



Message from the Chairperson

Mr. Arjun Malhotra
Chairperson

With immense pleasure, pride and confidence in the professional integrity and efficiency of the ICARE Eye Hospital staff. I, Arjun Malhotra, Chairperson of the Board of Trustees of ICARE Trust wish to convey to all those who read this activity report about the excellent service that ICARE provides to alleviate the sufferings of the visually stricken needy, helpless and otherwise.

I wish to convey to the consultants, doctors, para- medical staff, administrative staff and the trainees how very impressed I am with their services for the cause of the underprivileged. Their dedication since its inception has made ICARE well known and a trusted brand within the medical fraternity, the corporate sectors, PSU's, NGO's and the myriad patients availing to services.

Keep up the brilliant work and earning laurels for ICARE.

Mr. Arjun Malhotra

Chairperson

ICARE Eye Hospital, Noida



Message from the Managing Trustee

Dr. Sushil Choudhry
Managing Trustee

It's my privilege today to address all our donors and associates for the valuable support we have received over the years. I take this opportunity to congratulate all the staff of ICARE for their excellent and dedicated performance in helping the hospital grow into one of repute.

With modernization and renovation in the hospital, the ambience is one that gives a good feeling to the patients and all who visit the hospital for necessary ICARE.

We achieved the prestigious NABH (National Accreditation Board for hospitals & healthcare Providers) Accreditation in 2016.

As of March 2017, we have conducted 2,40,000 surgeries, and 3.1 million eye screenings. We are aiming to achieve the major milestone of 2,50,000 surgeries during the FY 2017-18.

Our eye examinations are carried out with the latest state of the art equipment and we follow the most sophisticated investigative systems. Our services are on par with the best in the world. We are constantly upgrading our equipment and our processes both in the base hospital at Sec26, our center in Sec 63 Noida and our Rural Outreach Programs.

We do a comprehensive eye examination for all patients of ICARE Eye hospital and spend approx. an hour two hours with each patient. Though time consuming we are able to detect in 15-20% cases, diseases which do not show any symptoms, but could produce serious loss of vision. In such cases of early glaucoma, diabetic retinopathy, Peripheral retinal degeneration complications we suggest prophylactic treatment which, can prevent permanent visual complications, a very satisfying experience for ICARE. This is a very challenging and satisfying experience for ICARE.

Once again, I extend my gratitude to our donors, volunteers, partners and my dear colleagues for tirelessly and compassionately working towards the goal of eradicating avoidable blindness.

A handwritten signature in black ink that reads "Sushil Choudhry".

Dr. Sushil Choudhry
Managing Trustee
ICARE Eye Hospital, Noida

Honored with India Inclusion Award for excellence
in Social Responsibility – July, 2017 by Speakin

In Memoriam

Prof. Rameshwar Singh

Trustee of ICARE Eye Hospital
& Post Graduate Institute
(Unit of Ishwar Charitable Trust).



You will always live in our thoughts Unseen,
unheard but always close.

The hospital lost one of its trustees, Prof. Rameshwar Singh in 2016. He has been an ICT Board member for 10 years. He helped establish charity 501 (3)(C) ICARE Charitable Foundation entitling exemption to the donors in USA. We have gained considerably from his wisdom and

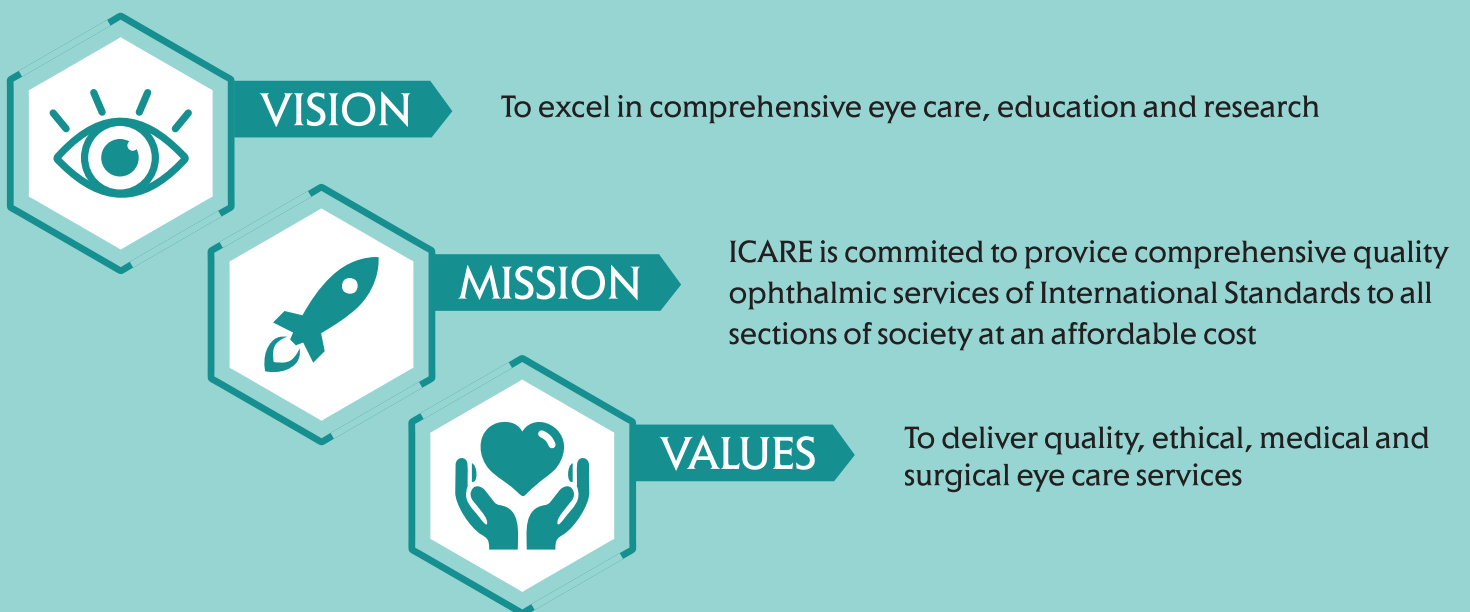
valuable advice. His heart was always in helping our charity programmes and during his last visit to India, he had donated an ambulance for the charity work.

Our condolences to his family and ICARE. We have lost a good friend. May his soul be blessed and rest in peace.



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Highlights from the Year 2016-2017

- * ICARE received accreditation from National Accreditation Board for Hospitals & Healthcare Providers.
- * The Institutional network saw 261360 patients across its primary, secondary and tertiary facilities.
- * 23392 sight restoring surgeries were performed which is one of the highest in North India
- * Of the above overall surgeries 13862 (59 %) of these surgeries were done free and 1744 (8 %) were subsidized. This again underscores the Institutions commitment to the underprivileged.
- * 7786 (33%) surgeries were performed in the paid wing. The surplus created by the paid work, enabled us to support a major portion of our charitable work.
- * The Eye Banking initiative continued to grow with 129 corneal tissues retrieved by the eye banking team through HCRP (Hospital based Cornea Retrieval Programme) and direct tissue donations.
- * More than 2600 surgeries performed in a month of Feb 2017 a major landmark achieved.



2.5 lakh successful surgeries performed till date and still counting.....

ICARE History

Ishwar Charitable Trust (ICT) was established in 1982 by Dr Sushil Choudhry in his mother's name "Ishwar" with funds left by her Insurance policy.

He started working from his residence and gradually he realized that, with hard work and dedication his dream for Ishwar Charitable Trust would become a reality in the not too distant future. ICARE Eye Hospital was established in 1993 on one acre of land in Noida . Apart from providing comprehensive eye care to patients walking in directly, the centre is also catering to all referral cases coming from Delhi NCR & other states of India. ICARE is a hub of the Training, Research & Quality initiatives .We train not only Doctors completing MBBS for DNB Post Graduate Programme, but also train boys and girls from economically weaker sections (EWS) of society as paramedics.

To cater to the passion of ICARE to treat curable blindness in the most unserved /underserved parts of rural villages around our base hospital we have established rural outreach camps in neighboring states of Rajasthan, Haryana, Uttar Pradesh and slum areas of Delhi, to provide modern eye care services literally at their doorsteps.



ICARE Eye Hospital was constructed and became fully functional with the support from HelpAge India and Help the Aged UK in 1993



Visit by Miss Universe Sushmita Sen in 1995



Help the Aged UK visit 1997



His Excellency David Gore Booth, Ambassador UK, visit in 1997.

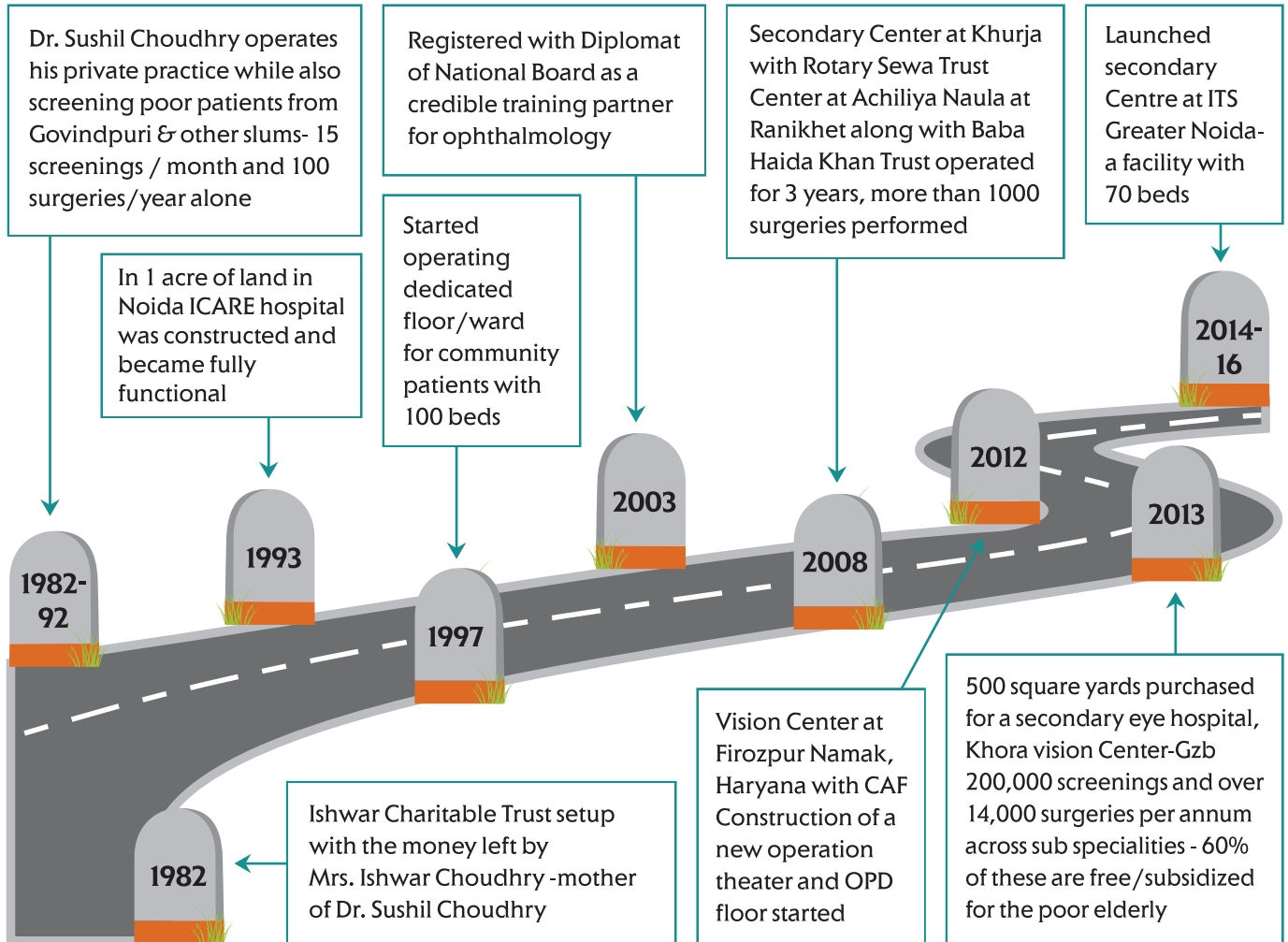


Equipment donated by Manos Unidas inaugurated by His Excellency Mr. A Escudero Ambassador of Spain in India 1999



Ms. Catherine Young wife of British High Commission His Excellency Rob Young supported Paramedical course in 2004

ICARE Eye Hospital - Our Journey



ICARE Eye Hospital, Khurja, U.P

It has evolved into an advanced secondary centre with the addition of various diagnostic equipments. Since 2014, we have performed 6451 surgeries in this center.

ICARE Eye Hospital, ITS Greater Noida, U.P

Established in 2014, it is the Second satellite surgical centre of the Institute. The facility today caters to the neighboring villages of Greater Noida and Dadri. The numbers of surgeries conducted in the year reached a high of 3299

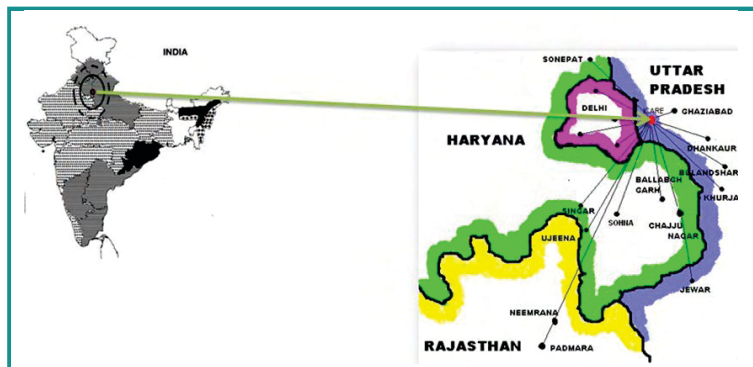
ICARE Eye Hospital, Sector - 63, U.P

It is a state of the art facility with a well equipped OT conducting 60 to 65 surgeries per month.

Rural Outreach Program

ICARE Rural Outreach Program is one of its kind. Its aim is to provide modern eye care services at the doorstep of villagers at no or reasonable cost. ICARE provides free eye check ups and surgeries to the people of rural slums who cannot afford the same. Our outreach program has been covering rural areas of Haryana, Uttar Pradesh, Rajasthan and economically weaker areas of Delhi.

1. 1100 to 1200 camps are conducted every year where patients are identified and counselled by our team.
2. The patients are then brought to our base hospital in Noida for surgeries at no cost.'
3. They stay at the hospital for 3 days where food , surgery, medicine and other necessities are met free of cost .
4. Once the surgery is done, the patient is briefed about the aftercare and given medicines for use.
5. Our ambulances then drops the patients back to their villages. Over the past 24 years the hospital has been working diligently to provide quality eye care service to all sections of the society irrespective of the person's status.



Screening at the Camp



From the Camp to the Base Hospital



Examination



Waiting for surgery



Post surgery



Meal Times

ICARE works to restore sight and eliminate blindness in Northern India

1 Help cure and prevent blindness



- * ICARE provides **free of cost** ophthalmic services to poor patients in neighboring villages of Delhi, in the state of Uttar Pradesh, Haryana & Rajasthan
- * We conduct eye surgeries (cataract, glaucoma, cornea and retina) to restore sight / prevent blindness
- * More than 15,600 **free of cost** eye surgeries conducted annually

2 Create awareness about eye problems



- * Organize screening camps to reach out to people in need of ocular services as well as to create awareness
- * Organize **1100 to 1200** screening camps in 30 districts reaching out to 150 thousand patients annually

3 Skill students as medical and paramedical staff



- * Train 80 medical and paramedical personnel annually
- * 13 doctors-DNB, Fellows
- * 30 paramedics from EWS
- * Registered in India with medical boards, University and other credible national organizations **DNB (Diplomat of National Board)**, **IGNOU** and **HSSC** as credible training provider

Screening Camps

ICARE Screening camps are conducted in 30 districts of Haryana, Rajasthan and Uttar Pradesh. The objective of these screening camps is to identify patients who require ocular services. We conduct these camps across 4 states involving more than 100k patients each year.



Team of 25 Experienced Consultants



Dr. Saurabh
Choudhry



Dr. Reena M
Choudhry



Dr. Charu
Tandon



Dr. Shahana
Mazumdar



Dr. Uma
Sridhar



Dr. Shalini
Sharma



Dr. Geetha
Srinivasan



Dr. Renu
Grover



Dr. Arun Kr.
Narayanaswamy



Dr. Puneet
Gupta



Dr. Rita
Hansaria



Dr. Jyoti
Batra



Dr. Madhulika
Mandal



Dr. Neha
Goel



Dr. Vinayak
Bhatia



Dr. Vivek
Sharma



Dr. Jyoti Batra
Ohri



Dr. Isha
Vastal



Dr. Parul
Jain



Dr. Sachin
Bansal



Dr. Metu
Rajput



Dr. Barsha
Sarma



Dr. Hafsa
Bashir



Dr. Dushyant
Kr. Sharma



Dr. Koushik
Tripathy

- * 25 Doctors in all 9 Sub Specialties of Ophthalmology
- * One Goal – Quality Eye Care Eradicate Curable Blindness
- * Charity, Community And Private Wings
- * Systematic and Comprehensive Pre-operative and Post Operative care
- * Ensuring Best Possible Surgical Outcomes.

Cutting edge bladeless robotic Femto Cataract and Femto Lasik technology

Departments And Services

The comprehensive eye care and cataract services are the bedrock of the Institute and expectedly attract the maximum footfalls. This service is available on a continuous basis at all the locations of ICARE Eye Hospital. Across the network, a total of 19692 cataract surgeries were performed out of 23392 surgeries, which involved conventional as well as premium lenses like multifocal and toric.

We are the only hospital in Noida offering bladeless robotic laser cataract and bladeless lasik surgeries.

ICARE boasts of four state of the art operation theatre and well trained technical staff to manage them. Our surgeons have experience of operations on complex surgical cases with the latest technology at par with the best in the country.

At ICARE we have the latest pre diagnostic cataract lab with the Zeiss IOL MASTER 700(OCT based optical barometer) and the ALCON VISION (IMAGE guided cataract) diagnostic platform.



TEAM OF CATARACT

- * Dr. Saurabh Choudhry
- * Dr. Reena M Choudhry
- * Dr. Charu Tandon
- * Dr. Uma Sridhar
- * Dr. Shalini Sharma
- * Dr. Puneet Gupta
- * Dr. Rita Hansaria
- * Dr. Jyoti Batra
- * Dr. Vivek Sharma
- * Dr. Arun Kr. Narayanaswamy
- * Dr. Isha Vatsal
- * Dr. Parul Jain
- * Dr. Sachin Bansal
- * Dr. Metu Rajput
- * Dr. Dushyant Kr. Sharma



Manisha's
STORY

This is the story of little Manisha who belongs to a remote village in Haryana where her parents work as daily wagers. She was 4 years old when she started developing a white spot in her LEFT eye .The parents do not even earn enough to provide food for their 6 children. The kid had cataract and so could not see. The parents were not even aware about the cataract as they are illiterate .We met her at a camp through our rural outreach programme. The father started crying when he was told that the surgery will be done for free and she will be able to see again. Manisha was brought to the base hospital where the surgery was performed successfully. The father's words of 'God Bless you' was our reward. Manisha now goes to school and can see the world.

The Glaucoma specialty services has been growing steadily and is one of the busiest practices at the hospital and receives referrals from North India as well as the Institute's own network. In the past year, it has seen a significant increase in the number of Pediatric Glaucoma surgeries. Dr. Reena Chaudhry received a lot of acclamation for her work in this area. Last year the service had a surgical output of 130 cases. The department has the best diagnostic equipment with well trained staff and excellent doctors to handle the growing need of glaucoma cases. The use of computerized visual field testing; optic nerve imaging and other specialized imaging modalities are put in practice, so that the patients benefit the most.



TEAM OF GLAUCOMA

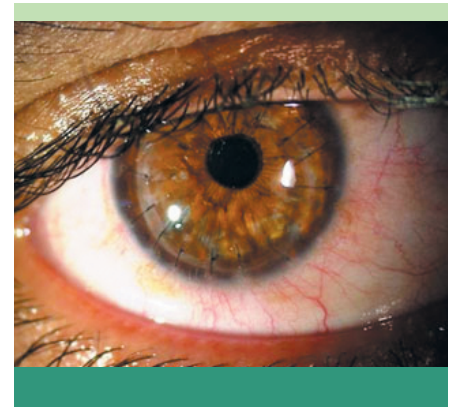
- * Dr. Reena M Choudhry
- * Dr. Madhulika Mandal
- * Dr. Isha Vatsal
- * Dr. Arun Kr. Narayanaswamy
- * Dr. Vinayak Bhatia
- * Dr. Dushyant Kr. Sharma
- * Dr. Rita Hansaria



Saroj a 60 year old female came to us through our outreach program. She was diagnosed with angle closure glaucoma in both eyes, in a very advanced stage in the left eye. She told us that her family cannot even afford three meals a day and she has become a liability to her family. She had laser done in both eyes from somewhere else and was taking treatment also, but her condition became uncontrollable. When she came to us, she underwent a comprehensive glaucoma evaluation. She was advised a combined surgery to save her eye, the same was carried out by our team at ICARE Noida. After surgery the patient gained useful vision with controlled intra ocular pressure. She keeps blessing our team whenever she comes for a follow up.

Introducing IOL master 700 and image guided Varion system for the first time in Noida

The cornea service has been evolving Year on year and has been introducing new surgical techniques for the benefit of those under its care. The department performed 397 surgeries Since April 2016 till March 31, 2017. Some of the surgical techniques introduced in the recent past are DSEK and Boston Keratoprosthesis. It also happens to be one of the busiest practices in North India. The ICARE Eye bank is the only accredited eye bank in the whole of Noida. It is registered with EBSI and UP state government health ministry. It has state of the art facilities including laminar flow hood and special microscope to evaluate the viability of corneas. The Cornea services take care of a variety of issues including ocular surface discards like Stevens Johnson's syndrome, OCP, DRY EYE, Corneal dystrophies. Treatments involve providing solutions using Femto Laser Technology. Since 2008 advance CL ROSE K lens and MINI SCLERAL LENS are also available.



TEAM OF CORNEA

- * Dr. Uma Sridhar
- * Dr. Jyoti Batra

- * Dr. Vivek Sharma
- * Dr. Parul Jain

- * Dr. Hafsa Bashir



**Ram Prasad's
STORY**

Ram Prasad a 50 year old male lives in a village in Rajasthan. He works as a farmer and has a family of 10 to support. He grows wheat and other crops to feed his family. His kids do not go to school as he does not earn enough. He lost his vision due to an infection and could only see his fingers if held them close to his eyes. He was brought to the base hospital for tests from his village, our specialist diagnosed corneal dystrophy for which he underwent successful Keratoplasty surgery. The patient's vision is back to normal and he is independently supporting his family.

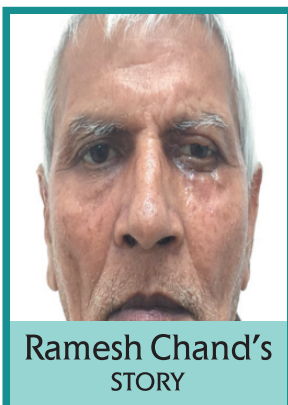
The Oculoplasty and Ocular Oncology

Department caters to and performs cosmetic and reconstructive surgery in and around the eye for conditions like ptosis, eyelid deformities, prominent eye etc. It also runs ancillary services such as Ocular Oncology clinic, Botox Clinic and Custom Ocular Prosthesis Clinic. While the Ocular Oncology Clinic treats patients with tumors of the eye, the Ocular Prosthesis Clinic caters to cosmetic rehabilitation of patients due to tumors and trauma. Last year the department has performed 433 Sub-specialty operations.



TEAM OF OCULOPLASTY AND OCULAR ONCOLOGY

* Dr. Jyoti Batra Ohri



We present to you the story of Ramesh Chand, 60 yr old elderly gentleman working as a priest in a local religious organization. He came to us with his son to seek treatment at the ITS Branch of ICARE for mass in the lid causing progressive drooping of the upper lid, thinking it to be a non resolving styel. On first contact with our Ophthalmologist at ITS, the patient was aptly sent for treatment to the NOIDA branch suspecting a malignancy or a cancer of the lid. He underwent detailed examinations and then as a part of treatment of the underwent two surgeries involving removal of the entire upper lid and then reconstruction of the lid to restore structure and function. Following the successful treatment for his cancer on the eyelid, he has been showering us with loads of blessing for giving him the gift of life.

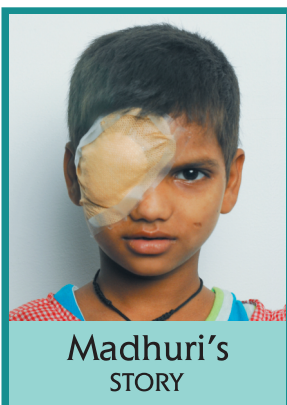
The Pediatric Ophthalmology and Strabismus clinic at the hospital is one of the busiest. In terms of both the volume of referral work that it gets and the ability to handle complex cases, the department has been achieving new landmarks. The Pediatric ophthalmology and strabismus department treats premature infants and children less than 16 years old. Our Kids Vision Club has all required facilities to treat and manage complex vision problems among children. The ailments treated are refractive errors needing eye glasses, amblyopia (lazy eye), strabismus (crossed eyes), eye infections, eye allergies, watering from the eyes due to blocked tear ducts and childhood cataract, besides others. The department co-manages disorders like lid-drooping and retinopathy of prematurity with other specialty departments. The department has a fully functional Orthoptic facility with computerized vision therapy to treat eye muscle weakness. The department performed extensive cataract and 70 squint surgeries.



TEAM OF PEDIATRIC OPHTHALMOLOGY AND STRABISMUS

* Dr. Geetha Srinivasan

* Dr. Renu Grover



**Madhuri's
STORY**

Seven years old Madhuri studying in class two at a local government school in Bisalpur, Pilibhit, U.P. Her father - Rampal works as a laborer, Madhuri has five more siblings and she is the youngest amongst them.

Madhuri was brought by her father with a complaint of not being able to see properly from her right eye. He still remembers the accident happened with Madhuri in last Diwali, the crackers has taken away the right eye vision. Though he quickly took Madhuri to a local doctor for the medication, the treatment lasted for six months after which she started facing problem in the eye. He brought Madhuri to our camp where screened by the doctor and referred to the base hospital for the complete treatment. At ICARE examined Madhuri on

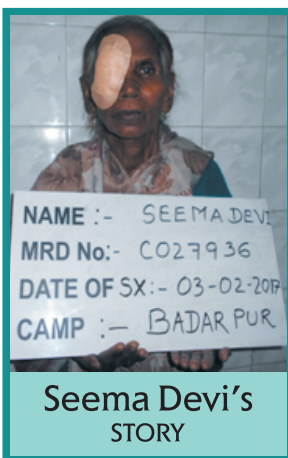
17.09.2017 and found that she is suffering from Traumatic Cataract. On examination by ICARE's anesthetist, she was found with severe chest congestion which needed to be treated before the surgery. ICARE got her chest treatment from the government hospital, so that her surgery could be carried out. Her Surgery was performed on 23.09.2017 successfully giving her an opportunity to live a normal life.

VITREO RETINAL SERVICES is one of the busiest sub-specialties and also one of the best equipped and deals with all kinds of retinal diseases. To its existing complement of high end diagnostic and procedural equipment, it added on two new instruments, a portable B-scan and a 3 chip camera for recording vitreo retinal surgeries in the operation theatre. The camera has enhanced the institute's ability to assess and share complex vitreo-retinal surgeries. The department has always taken the lead to adopt new techniques to provide the best possible outcome to patients under its care. We use latest techniques to provide Stitch less Micro Incision Vitrectomy Surgeries (MIVS) comprising of 23-25 gauge which are being done in the majority of vitreo retinal surgeries. This decreases the complications and duration of the surgeries. MIVS also provides greater post-operative comfort, better cosmetic and early rehabilitation of the patients. Several combined penetrating keratoplasty and vitreo retinal surgeries were also done using temporary keratoprosthesis. The department performed 1594 sub specialty operations in 2016-17.



TEAM OF VITREO RETINAL

- * Dr. Shahana Mazumdar
- * Dr. Barsha Sarma
- * Dr. Neha Goel
- * Dr. Koushik Tripathy



Seema Devi was brought to the base camp by our team. She had a damaged cornea. The only solution was surgery where a new corneal tissue had to be put in her eye replacing the damaged tissue. Seema devi who lived in Badarpur had one son who had abandoned her saying she could not see now, so was a liability. With no financial and emotional support she had accepted her condition as permanent. Our team gave her hope and assurance that after the surgery she will be able to see again. Keratoplasty was performed on her left eye at ICARE Noida free of cost. A graft was taken from person who had passed away with no known diseases or other factors from our Eye Bank. Surgery was carried out successfully and Seema Devi can see now and is working as a maid in a school. Her life has changed and her smile says it all.

Refractive Services in today's fast paced life full of stress where people are tired of wearing glasses or contact lenses seek the help of refractive surgeons. Refractive surgery improves vision by correcting refractive errors such as nearsightedness (myopia), farsightedness (hyperopic) and astigmatism. These minimally invasive procedures use cold laser to reshape the cornea to correct the above mentioned refractive errors. We at ICARE have the best refractive surgical team with state of the art equipment to perform surgeries giving the patient the best results.

ICARE is the only eye hospital in Noida which offers BLADE FREE Lasik surgeries. We performed 209 Refractive surgeries in the last financial year.



TEAM OF REFRACTIVE SERVICES

- * Dr. Saurabh Choudhry
- * Dr. Shalini Sharma
- * Dr. Vivek Sharma
- * Dr. Parul Jain
- * Dr. Metu Rajput
- * Dr. Hafsa Bashir



ELECTROPHYSIOLOGY SERVICES

Electrophysiology testing includes a battery of tests which can be used to provide information about the visual system beyond the standard clinical examination of the eye. Tests like Electroretinogram (ERG), Multifocal ERG (MFERG), Visual Evoked Potentials (VEP), Electro-oculogram (EOG) are performed to assess the condition.



TEAM OF ELECTROPHYSIOLOGY

* Dr. Neha Goel

* Dr. Renu Grover

* Dr. Geeta Srinivasan



**Mateena's
IMPACT STORY**

Mateena is a 14 year old child, who came to our camp in Mewat. She came to us with inability to see with both eyes. She was brought to our base hospital, and our doctors examined her and diagnosed that both eyes had cataract, chronic uveitis vitreous hemorrhage and retinal detachment. Systematic evaluation and tests revealed that this was a result of ocular tuberculous. She was started on a anti TB therapy by our physician. We performed left eye surgery followed by right eye cataract surgery free of cost as she belongs to a poor family who could not afford the surgery cost. Now she has limited vision and she and her father never thought that she would see again. She still can't believe it that she can see and has now started living a better life.

LOW VISION SERVICES

Our skilled team uses Low vision devices and techniques to help patients suffering from low vision to maximize their existing sight, and these can help them with most effective results.



TEAM OF LOW VISION

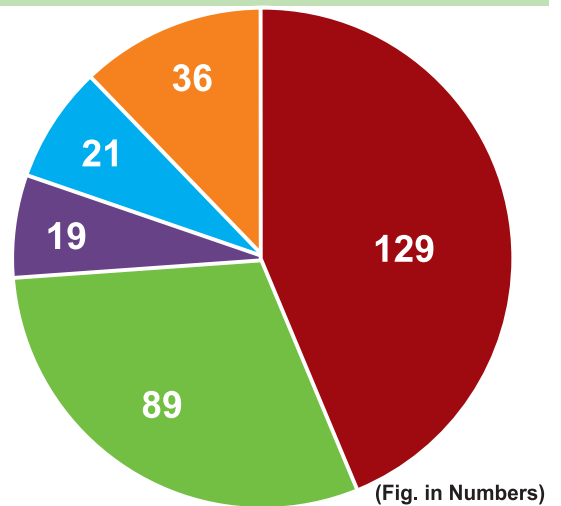
* Mrs. Yogeshwari Bansal

Eye Bank

We have a state of the art eye bank. We celebrated eye donation week 25th September to 8 August 2016. A continuous collection growth of 24% & utilization growth of 15%, it underscores the success of various initiatives like Hospital Cornea Retrieval Programme (HCRP).

EYE BANK PERFORMANCE

- EYES COLLECTED AT SOURCE
- EYES UTILIZED FOR KERATOPLASTY
- EYES UTILIZED FOR TRAINING PURPOSE
- EYES INFECTED
- EYES PLEDGED FOR DONATION



Research

Research and clinical trials remain a focus area for all subspecialties. A clinical trial involves research participants. It follows a pre-defined plan or protocol to evaluate the effects of a medical or behavioral intervention on health outcomes. By taking part in clinical trials, participants not only play a more active role in their own health care, but they also can access experimental treatments and help others by contributing to medical research. The clinical depth, large base of patients and a strong ethical framework attracts pharmaceutical, biotechnology companies and other collaborators.

The IRB (Institutional Review Board) vets the research ideas developed by various disciplines. The Ethics Committee, working as per the guidelines of ICH-GCP, Schedule Y and all applicable local regulatory requirements, oversees patient safety, patient rights and maintenance of good clinical practices.

ICARE Eye Hospital & Post graduate Institute Ethics Committee has been registered to Drug Controller General of India (DCGI) till June 2019

Institutional Ethics Committee (IEC) is the committee formed of a group of people (members) who go through the research protocol / proposal and state whether or not it is ethically acceptable.

S.NO	NAME	DESIGNATION / ROLE IN EC	E-MAIL ID	AFFILIATION
1.	Dr. S. C. Gupta	Medical Director, Venu Eye Institute & Research Centre, New Delhi-17 (Chairperson)	scgupta@venueyehospital.org	NO
2.	Dr. Rewa Choudhry	Medical Superintendent, ICARE Eye Hospital & Post Graduate Institute, Noida (Member Secretary)	admin@icarehospital.org	YES
3.	Dr. Sushil Choudhry	President, ICARE Eye Hospital & Post Graduate Institute, Noida (Deputy Chairperson / Clinician)	drsushil@icarehospital.org	YES
4.	Dr. A. K. Gupta	Director Academics, ICARE Eye Hospital (Clinician)	akgupta37@rediffmail.com	YES
5.	Dr. Dinesh Chandra	Former professor Pharmacology, (Basic Medical Scientist)	dr_dinesh_chandra@yahoo.com	NO
6.	Dr. Saurabh Choudhry	CEO, ICARE Eye Hospital & Post Graduate Institute, Noida (Member)	drsaurabh@icarehospital.org	YES
7.	Dr. Shahana Mazumdar	Consultant (Vitreo, Retina & Uvea), ICARE Eye Hospital (Member)	rmazumdar@hotmail.com shahana.mazumdar@gmail.com	YES
8.	Sunil Tyagi	Senior Partner, ZEUS Law Associates, R-89, Greater Kailash Part-I, New Delhi (Legal Expert)	sunil.tyagi@zeus.firm.in	NO
9.	Jayshree Navin Chandra	Managing Associate at ZEUS Law Associates, (Legal Expert)	jayshree.chandra@zeus.firm.in	NO
10.	Dipak Khanna	Managing Trustee, SERVE SAMMAN (NGO), New Delhi (Social Worker)	ervesamman@gmail.com	NO
11.	Bharati Rawla Singh	(Lay Person)	bharatirawla@gmail.com	NO

Total No. of Ongoing Clinical Trial : 07

No. of Clinical Trial Approved in Year 2017 : 05



Publications by ICARE Faculty 2016-17

DATE	NAME OF CONSULTANT	MAGAZINE	PUBLICATIONS / POSTERS	NATIONAL
Mar - Apr16	Dr. Uma Sridhar, Dr. Anchal Mehta, Dr.Ravi Sharma	Delhi Ophthalmological Society	Visual field evaluation of diagnose Neurological defect in a known case of secondary glaucoma	Y
15 - 17 April 2016	Dr. Neha Goel, Dr. Uma Sridhar, Dr. Geetha Srinivasan, Dr.Dushyant, Dr.Tushar Agarwal	Delhi Ophthalmological Society	Presentations	Hotel Ashok, Delhi
Sep - Oct 16	Dr. Shahana Mazumdar, Dr. Kapil Sidhu, Dr. Sugandha Goel	Delhi Ophthalmological Society	Role of Carotid Doppler in management of Retinal Ischemia	Y
Nov - Dec16	Dr. Uma Sridhar, Dr. Sugandha Goel, Dr.Tapasya Singha	Delhi Ophthalmological Society	Role of Histopathology in diagnosis of Ocular Surface Squamous Neoplasia Masquerades	Y
Nov - Dec16	Dr. Hafsa Bashir	Delhi Ophthalmological Society	Concurrent bilateral necrotizing viral stromal keratitis	Y
Jan - Feb 17	Dr. Uma Sridhar, Dr. Jyoti Batra, Dr. Ashish Khalsa	Delhi Ophthalmological Society	Importance of Microbiological work up in Identification of Atypical Organisms and their management in corneal Ulcers	Y
Jan - Feb 17	Dr. Uma Sridhar	Delhi Ophthalmological Society	Management of Peripheral corneal Diseases	Y
17 - Feb 17	Dr. Saurabh choudhry, Dr.Uma Sridhar, Dr. Neha Goel, Dr. Renu Grover, Dr. Kaushik Tripathi, Dr.Dushyant, Dr.Swati Nagar	AIOC	Technical Skill Training conference 2nd Prize (All India Quiz- Dr.Kaushik Tripathi)	
17 - Feb 17	Dr. Maninee, Dr. Anchal, Dr. Tapasya	AIOC	Presented Electronic & Physical Poster	
26 - Feb 17	Ms. Yogeshwari Bansal	CME, C.L. Gupta Eye Institute	Low Vision	
1 - Mar 17	Dr. Shahana Mazumdar	Indian Journal of Ophthalmology	Managing multiple caterpillar hair in the eye	Y
7 - 9 April 2017	Dr. A. K. Gupta	DOS	Life time Achievement Award-2017: Ophthalmic Spectrum	
7 - 9 April 2017	Dr. Uma Sridhar	DOS	Best Guest Case Presentation	
10-11 June 2017	Dr. Neha Goel	Retnet India	Contributed as Faculty	Bangluru
May - June17	Dr. Uma Sridhar	Book	Cornea Illustrated A Guide To Clinical Diagnosis	Y
	Dr. Sugandha, Dr.Parul Jain, Dr. Uma Sridhar	DOS-Winter conference	Poster-Epithelial Recurrent Erosion Dystrophy	
	Dr.Tushar Agarwal	DOS-Winter conference	Poster-Case of Bilateral outer lamellar macular hole in a pt. of chronic welding ARC exposure	
	Dr. Metu Rajput, Dr. Saurabh Choudhry, Dr. Parul Jain	DOS-Winter conference	Poster-Comparison of axial measurement using A-Scan ultrasonography and swept source OCT based IOL master 700	
	Dr. Uma Sridhar	DOS-Winter conference	Won the Best Corneal Video Award (Management of adv anced terrines marginal degeneration 2) Dr. Uma Sridhar - Best Team Award-Her team was named The Easter Earls	
15 - 17 Sep 2017	Dr. Reena Choudhry	GSI Annual conference Glauko pedia 2017 at Jaipur	Presentation-Glaucoma Imaging the RNFL	
15 - 17 Sep 2017	Dr. Arun	GSI Annual conference - Glauko pedia 2017 at Jaipur	1). Managing Neovascular Glaucoma: Recalcitrant NVG and role of Anti-VEGF 2) Surgical management -NPGS and alter nature approach in Glaucoma filtering surgery	
9 - 10 Sep 2017	Dr. Uma Sridhar	Cornea & Eye Banking 9th Annual conference	1st prize in the Eye Bank Premier League	Patna
23 - Oct 17	Dr. Saurabh Choudhry, Dr. Reena Choudhry, Dr. Charu Tandon	Conference	ALCON workshop at Lucknow	

Training

The Mission of the hospital is to create highly skilled medical and non medical personnel across all spheres of eye care. The Training Institute attracts both Foreign and Indian candidates for its various training courses. From the time of inception of the training institute almost a decade ago dating to January 2006, more than 450 Indian & International Ophthalmic Doctors have undergone our robust training program to ensure their skills are up to date at all times.

We have a structured Medical Academic Department overseeing the development of curriculum and ensuring the quality in pedagogy. On offer are various long and short term courses. Today, we routinely get training requests from within India as well as abroad.

Training is a priority at all times at ICARE. We believe a well trained staff can provide better service and ensure excellent patient handling at all stages of treatment at the hospital. A well organized and effective training team works with dedication starting from identifying training needs going on to carry out training , assessment and then follow up.



Some Training Programmes

- * Short Term Phacoemulsification Training
- * DNB Post Graduate
- * Paramedical Training
- * Ongoing Staff Training
- * NABH Training

ICARE Eye Hospital & Post Graduate Institute has been associated with Diplomate of National Board (DNB) a medical institutional body under the aegis of National Board of Examinations (NBE) an autonomous academic body established in 1975 under the Ministry of Health and Family Welfare, Government of India.

ICARE has been associated with DNB for the last 15 years, beginning from the year 2003 when ICARE received its first DNB Accreditation.

We have a structured Medical Academic Department overseeing the development of curriculum and ensuring the quality in pedagogy. On offer are various long and short term courses. Today, we routinely get training requests from within India as well as abroad.

Phacoemulsification Training Program

Phacoemulsification Training Program is comprehensive and has been running successfully at ICARE.

Some Salient Features of this Program are

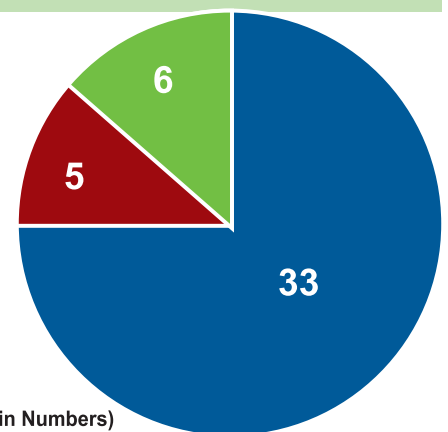
- * Training is done on ALCON Laureate - Peristaltic Pump Phaco machines.
- * The trainees initially are made to observe the surgical consultants perform phacoemulsification surgeries on patients, following which they perform surgeries under supervision of the consultants.
- * The training is done over a period of 2 weeks.
- * The trainees are required to first meet & examine the patients before performing surgery followed by post operative checkups.
- * The ophthalmologist (consultant) delivers lectures to trainees making sure they understand the process of patient selection, steps in surgery and all other aspects associated with the OT training.
- * Each surgery by the trainees is video recorded. The recordings are later used for discussion with the trainees during their training classes.
- * Regular classes on topics ranging from wound construction, pre-opt patient selection, CCC & hydro, nucleus management , complication management etc.
- * Each day the trainees are also given exposure in the wet lab to learn & perform surgeries on goat's eye to enhance their surgical skills.



**ALCON training
in our Wet Lab**

No. of Phacoemulsification Trainees from April 2016 to March 2017 (Total - 44)

■ ALCON Trainees ■ OVERSEAS Trainees ■ INDIAN Trainees



(Fig. in Numbers)

DNB Post Graduate Program

Features of DNB programme :

- CLINICAL** : It deals with training the candidate to examine patients present in the OPD. They are taught basics such as refraction followed by slit lamp examinations. Handling all ophthalmic instruments is covered in the post graduation course.
- ACADEMICS** : The academic curriculum includes didactic lectures thrice a week, case presentations by the PG doctors at least once a week, journal club presentations every alternate week & early morning ward lectures thrice a week. The post graduates are regularly posted on rotational basis among the various specialized OPD's.
- LOGBOOK** : Appraisal of log book and attendance is carried out every 3 months.
- SURGICAL EXPERTISE** : The candidates are then posted in the Operation Theatre (OT), on a rotational basis and during these postings each candidate is exposed to a stepwise pre-surgical and post-surgical work up. Stepwise surgical exposure is given under the expert supervision of a consultant surgeon. Only when the candidate is found to be well versed in all the surgical procedures are they allowed to perform independent surgeries.
- THESIS** : The thesis preparation begins from the day a PG doctor joins ICARE where it is decided by the academic head the topic for his/her and guided by our consultants, who then ensure that the thesis are completed on time and on the guidelines laid down by NBE.
- ROASTERING** : Candidates are required to diligently attend to patients in the community wing & camps attending to 300-350 patients a day.

We have 13 DNB Post Graduate Doctors at present

DIPLOMATE OF NATIONAL BOARD (DNB) ACHIEVEMENTS				
	2016		2017	
	PRIMARY	SECONDARY	PRIMARY	SECONDARY
ENROLLED	Dr. Poonam Rawat	Dr. Ruchita Manaktala	Dr. Gaurav Shukla	
		Dr. Shivam Sethi	Dr. Kanika Bhardwaj	
			Dr. Rakesh Chakraborty	
PASSOUTS	Dr. Sugandha Goel			Dr. Tapasya Singha
	Dr. Dharmandra Verma			

Only eye hospital in Noida & adjoining areas to have an Ocular Electrophysiology set up with specialized doctors and optometrists

Quality

ICARE is a NABH certified hospital. NABH represents public recognition of the achievement of accreditation standards by a healthcare organization.



NABH is a symbol of quality in healthcare services. The approval of ISQua authenticated, NABH standards are in consonance with the global benchmarks set by ISQua. The hospitals accredited by NABH have international recognition. The process of accreditation is envisaged to result in process of fundamental change in the technical procedures of service delivery, in the appropriate use of available technologies, in the integration of relevant knowledge, in the way the resources are used, and in the efforts to ensure social participation. At ICARE Quality is a top priority. Our services, staff and doctors and technicians follow all quality standards specified by NABH ensuring world class service.

NABH has helped us to follow a Systemized approach rather than a personalized one when dealing with patients. OUR approach is process driven with a personal touch. At the hospital we follow a stimulated approach with constant aim of improving quality of the services at ICARE.

Focus of NABH

- * Patient rights and benefits
- * Patient safety
- * Control and prevention of infections
- * Practicing good patient-care protocols e.g. special care for the vulnerable groups and critically ill patients
- * Better and controlled clinical outcome.
- * Stature in society
- * Better Leadership
- * Medical record management
- * Infection control
- * Reducing errors.
- * Staff training and professional credentiality
- * Quality improvement

National Accreditation Board for Hospitals & Healthcare Providers

(Constituent Board of Quality Council of India)




Certificate of Accreditation

ICARE Eye Hospital & Post Graduate Institute
E-3A, Sector-26
Noida-201301

*has been assessed and found to comply with NABH Accreditation Standards for Small Health Care Organisations (SHCO).
This certificate is valid for the Scope as specified in the annexure subject to continued compliance with the accreditation requirements.*

Valid from : March 16, 2016
Valid thru : March 15, 2019

Certificate No.
SHCO-2016-0068


Chief Executive Officer




Chairman

National Accreditation Board for Hospitals & Healthcare Providers, 5th Floor, IPTI Building, 4A, Ring Road, IP Estate, New Delhi 110 002, India
Phone: +91-11-2332 3516/ 17/18/19/20. Fax: +91-11-2332 3515 • Email: info@nabh.co • Website: www.nabh.co

Vision Technician Courses

In India, presently there is a great shortage of trained human resources to meet the requirement of healthcare. For eye care itself, India has a grave shortage of ophthalmologists- 0.8 per 100,000, as compared to the WHO mandate of 2 per 100,000. Further, as of 2012 India has only 13,678 optometrists² for a blind population of almost 15 million. This is likely to get further aggravated as the population ages and the existing available trained human resources are unable to cope with the rising demand of the elderly population for such nursing care. Moreover, because of the shortage the services of existing trained resources are very expensive.

On the flipside, India has a large young population which is unproductive due to lack of education or skills. Most of these children belong to poor, underprivileged families with minimal resources for basic necessities, let alone their education and training. Hence, while various sectors and the country is dealing with a huge skills gap to deliver services, millions with potential are being denied the opportunity.

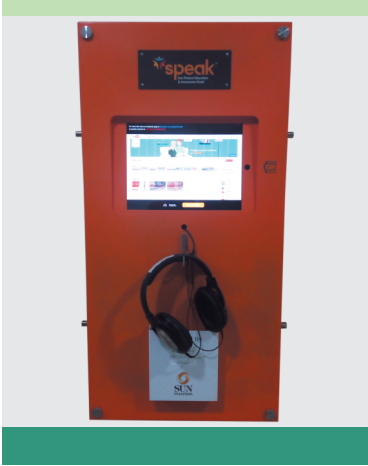
- (a) Increasing availability of skilled paramedics.**
- (b) Help provide primary nursing care.**
- (c) Improve career options for young people coming from deprived backgrounds.**
- (d) Make trainees self-reliant and earning members of their families.**

Placement

ICARE in collaboration with Cadence Design System India Pvt. Ltd has supported a batch of 30 needy students to train them to be Vision Technicians. ICARE is proud to place 15 students after the successful completion of the course as Vision Technicians, on its staff list. The rest of the students have been placed in other esteemed organization.



Equipment - New Addition



“ SPEAK UP” KIOSK

Provides patient information. It has an Ipad with the headset to listen to the detailed information about Cataract, Retina and Glaucoma



IOL MASTER

IOL Master can determine the power of the Intra ocular lens (IOL) implant



FEMTO CATARACT MACHINE

Femto Cataract Machine optimize the critical steps of cataract surgery to create accurate, reproducible, and customized corneal and lenticular incisions, these lasers add an element of precision to cataract surgery that is unattainable with a traditional manual technique



AUTOLENSOMETER

Placing the lens on the nosepiece activates the auto lens detection to automatically determine the lens type - single vision lens or progressive lens - and automatically switches its measuring mode accordingly.



AUTOREF

Autorefractors are used to measure the degree of refractive error in the eye, suited well toward applications such as differentiating corneal from lenticular aberrations, and assessing pre-and-post refractive surgery patients



iLASIK MACHINE

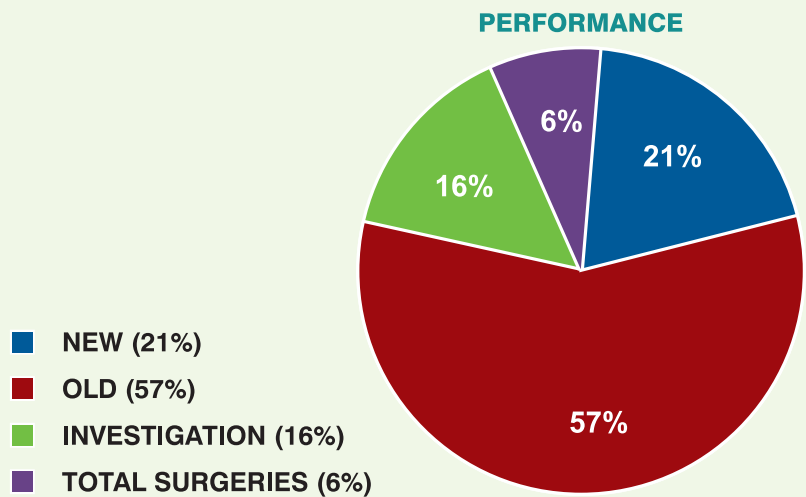
The iLASIK procedure available at ICARE is a completely integrated and personalized procedure based on advanced vision correction technology at each step

Performance Report

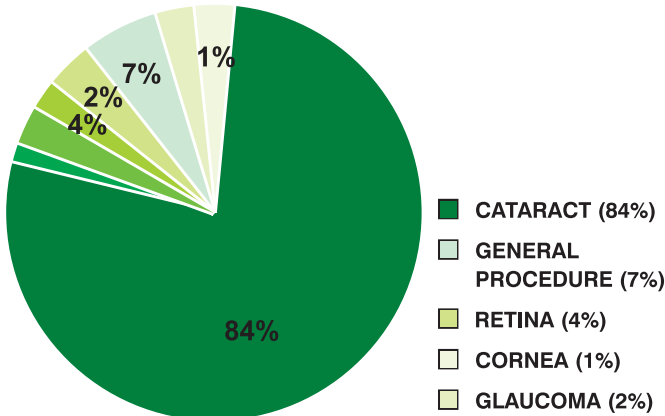
Paid Wing

ICARE is a tertiary eye care institute delivering advanced clinical care in the national capital region (NCR), India. We have been accredited by the National Accreditation Board for Hospitals & Healthcare Providers (NABH) for our state of the art clinical care and infrastructure. Armed with cutting edge technology and a large team of well-trained sub-specialists, we aim to bring the most updated eye care to our patients. At ICARE, we have assembled a dedicated team of eye surgeons who have been trained in various subspecialties of Ophthalmology from the premier institutes of India and abroad. The surplus generated from the paid wing supports approximately 30% of our charitable work. We have a walk-in OPD where about 250-300 patients are attended to every day.

PATIENT COUNT	105139
NEW	28620
OLD	76519
INVESTIGATION	21455
TOTAL SURGERIES	7786



TYPES OF SURGERIES



STAFF REMUNERATION (INR)

Gross salary plus benefits paid to staff (in INR) p.m.	Male	Female	Total
less than 5,000	0	0	0
5,000 - 10,000	19	22	41
10,000 - 25,000	56	27	83
25,000 - 50,000	28	15	43
50,000 - 1,00,000	4	5	9
Greater than 1,00,000	6	17	23

Community Wing

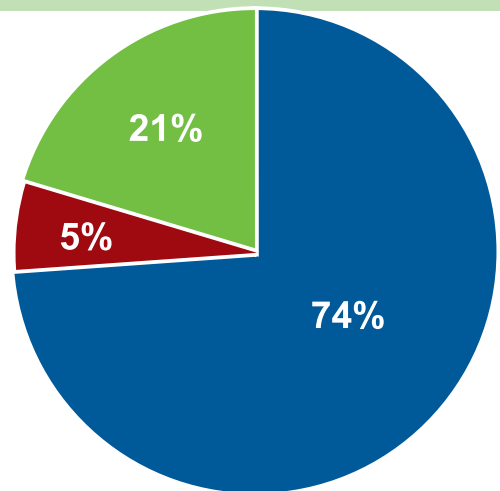


Our camps happen in the rural areas of U.P, Haryana, Delhi and Rajasthan. We conduct 80 to 90 Camps per month and provide Free Eye Check-up's and Surgeries for 250 patients on a average in every camp.

SURGERIES PERFORMED IN DIFFERENT CENTRES

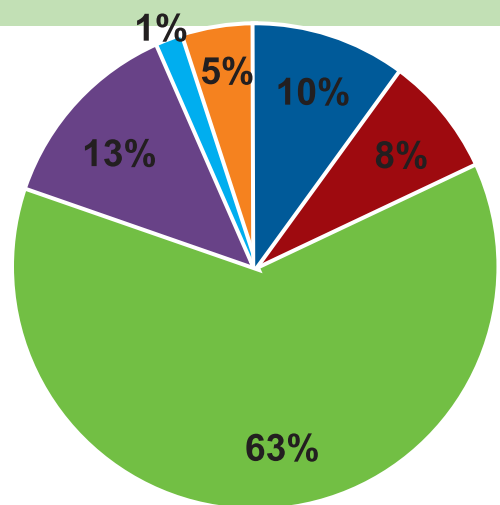
Base Hospital	11492
Khurja Centre	815
Greater Noida Centre	3299
TOTAL	15606

- Base Hospital
- Khurja Centre
- Greater Noida Centre



Free OPD Base Hospital	15332
Awareness Camps	12652
Outreach Camps	97597
Khurja Centre	20588
Vision Centre	1822
Greater Noida	8296
TOTAL	156287

- Free OPD Base Hospital
- Khurja Centre
- Awareness Camps
- Vision Centre
- Outreach Camps



Balance Sheet

ISHWAR CHARITABLE TRUST
(Registered Office : C-57, Basement Defence Colony New Delhi-110024)
(Principal Working Place : E - 3A, Sector - 26, Noida - 201301)

BALANCE SHEET AS AT 31st MARCH, 2017

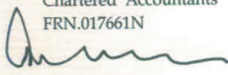
(All amounts in INR)

Particulars	Schedule No.	Amount as at 31.03.2017	Amount as at 31.03.2016
I. SOURCES OF FUNDS			
1. CAPITAL FUND	A	78,537,305	78,537,305
2. GENERAL RESERVE	A	263,262,750	216,602,153
3. SECURED LOANS Secured Loans from Banks	B	12,867,731	24,735,936
4. CURRENT LIABILITIES & PROVISIONS	C		
(a) Sundry Creditors		22,731,231	32,294,034
(b) Expenses Payable		14,047,554	13,433,568
(c) Long Term Provision		5,245,169	4,998,270
(d) Short Term Provision		300,221	-
(e) Others Current Liabilities		381,658	-
TOTAL		397,373,619	370,601,266
II. APPLICATION OF FUNDS			
1. FIXED ASSETS	D		
Gross Block		347,561,595	334,991,722
Less: Depreciation till date		133,808,651	101,579,214
Net Block		213,752,939	233,412,507
2. NON - CURRENT INVESTMENTS	E	19,477,070	18,298,168
3. CURRENT ASSETS & LOANS AND ADVANCES	F		
(a) Balance with Banks		52,155,763	25,231,702
(b) Cash & Cash equivalents		710,511	601,722
(c) Sundry Debtors		40,792,193	33,259,245
(d) Closing Stock of Consumable, Medicine, IOL & Spectacles		21,575,182	23,941,266
(e) Advance Recoverable in Cash or in Kind or for value to be received		48,909,959	35,856,660
TOTAL		397,373,619	370,601,266

As per Our Report of Even Date Attached.

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

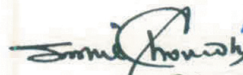
For Adarsh Sharma & Co.
Chartered Accountants
FRN.017661N


Adarsh Sharma
Proprietor
Membership No. 082527


Date : 31.08.2017
Place : New Delhi



For ISHWAR CHARITABLE TRUST
For Ishwar Charitable Trust


Dr. Sushil Choudhry
Managing Trustee

Authorised Signatory


Dr. Saurabh Choudhry
Trustee

Proud Moments

Inauguration of Equipment Manos Unidas, Spain



Vision Technician Course Program supported by Cadence Design System (India) Pvt. Ltd.



Equipment Donated by Cognizant Foundation



Our Partners

Our Partners in India for the Last 23 Years


Our International Partners for the Last 23 Years

				
SPAIN	UK	UK	CANADA	UK
				
UK	UK	USA	UK	USA
				
USA	USA	CANADA	JAPAN	USA

Well Established Eye Bank

Donor's / Patient Testimonials

Gen Deepak Verma
 H No 31, Sector 37,
 Noida - 201303
 04 Sep 2017



To,
 The ICare Eye Hosp
 Sect 26
 Noida.

To whom it may concern

I have been visiting
 your Hospital for the
 last 10 yrs; and have
 found it improving
 by leaps & bound over the
 years.
 It is a world class
 Hospital with extreme
 care and compassion.

Regards
 Deepak Verma

I - care Hospital
 श्रीमती शर्मिष्ठा श्रीधर निवृत्ती, मेरा जन्मदिन
 27-06-2017, 3:10 P.M. मुझे दुर्घटा अचानक से घेरना
 मेरा ही दुर्भाग्यवश लगना, पहले मेरा नेत्रवैद्य श्री डी.
 विठ्ठल शर्मा जी मेरे नेत्रों की अचानक गति के अकालिक कारणों
 से मेरे नेत्रों को अचानक अंधा कर दिया, अचानक ही मेरी दृष्टि, talking
 way, behaviour is too good. मेरा ही नेत्रवैद्य
 श्री शर्मा जी 1999 से मेरे नेत्रों की, मेरे नेत्रों
 की अचानक गति, अचानक ही, but satisfactory I-care
 sec 26, Noida मेरे ही अचानक ही, co-operation,
 systematic way, specially Dr. Virend Sharma's
 nature, behaviour, मेरे ही नेत्रों की अचानक ही मेरे नेत्रों की
 अचानक ही मेरे ही नेत्रों की, 04-07-2017, one month
 मेरे नेत्रों की अचानक ही मेरे नेत्रों की अचानक ही मेरे नेत्रों की
 अचानक ही मेरे नेत्रों की, अचानक ही मेरे नेत्रों की अचानक ही
 अचानक ही, अचानक ही मेरे नेत्रों की

श्रीमती शर्मिष्ठा
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 3030510 566
 31201 गान गान, गान,
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 85P
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It was a wonderful experience
 to discover I-Care.
 We were visiting Delhi and my wife
 came here only for second opinion
 and decided for Surgery in Mumbai
 but we were so impressed with
 Doctor's and facilities that she
 decided to have her treatment
 here instead of our hometown Mumbai.
 Dr. Sushil Choudhry and his entire
 team is doing a wonderful job.
 Our very best wishes to everyone at
 ICARE.

RAJESH KHATTAR

Trust Board Members



Mr. Arjun Malhotra
Chairperson



Dr. Sushil Choudhry
Managing Trustee



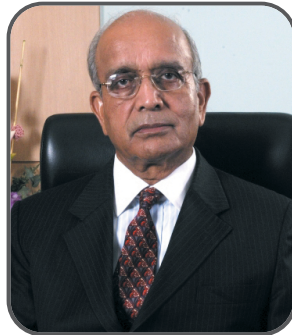
Dr. Saurabh Choudhry
Secretary & CEO



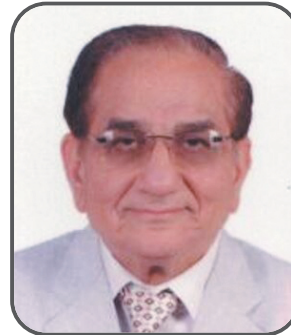
Dr. Rewa Choudhry
Treasurer



Dr. D.V Kapur
Trustee



Mr. R. C. Bhargava
Trustee



Mr. S. R. Wadhwa
Trustee



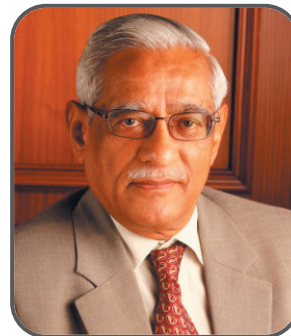
Mr. Dinesh Mathur
Trustee



Mr. Sunil Anand
Trustee



Mr. Surinder Malik
Trustee



Mr. Subodh Bhargava
Trustee



Mr. Hira Lal Zutshi
Trustee

Governance

REGISTRATION DETAILS	
SR.	TYPE OF REGISTRATION
1.	Trust [No.5524]
2.	PAN Number:AAATI0312B
3.	12-A [No.DLI(C)(T-1070)]
4.	80G [No.D.I.T(E)80G/10-11/1-290/765]
5.	FCRA [No.231650416]

Support Us

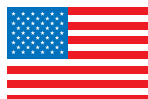
CASH / CHEQUE	<p>Please make a Cheque/DD in favor of “ Ishwar Charitable Trust ” with your complete address and PAN details. Mrs.Aloka Das or Mrs. Geeta Sawoo Contact details : 9871153832, 9818151678 Email : wecare@icarehospital.org</p>
CSR PROJECTS	<p>Mrs.Sushila Joshi or Ms Tripti V Pal Contact detail : 9811408953, 9643404831 Email : admin@icarehospital.org, triptipal@icarehospital.org</p>
NET BANKING	<p>Name: Ishwar Charitable Trust A/c No. 06518480000063 Bank Name: HDFC Bank IFSC Code: HDFC0000651 Branch: Sector 26 Noida</p>



Donations to ICARE Eye Hospital & Postgraduate Institute (Unit of Ishwar Charitable Trust) are eligible for 100% and 50% tax exemption under 35AC and 80G of Income Tax Act 1961 (applicable in India only)

E3A, Sector-26, Noida – 201 301. U.P.Tel. +91 91 2477600, 2477690, 2477691, 2477615 Fax: +91 120 25576389

Website : icarecharitablefoundation.org



ASPIRA of New York, Inc 630 Ninth Avenue, Suite 302, New York, NY 10036, Contact Person: Mr Sunil Anand
 Contact Number: (646) 763 8378 (Office) Cell: (917) 856-3388, Email: sanand@nyaspira.org,

Website : www.aspirany.org

US Donors can avail 100% Tax Exemption in USA under 501(C)(3) of the Internal Revenue Code(USA) and exemption from Estate Duty EIN: 27-5399354



ICARE EYE HOSPITALS & POST GRADUATE INSTITUTE

(Unit of Ishwar Charitable Trust)

E-3A, Sector-26, Noida 201301 (U.P.) India

E-mail: wecare@icarehospital.org, admin@icarehospital.org

Tel: (+91) (120) 2477600, 01, 02, 91

www.icarehospital.org